Read the Label!
Directions: Read the label from an allergy and cold medication below and then answer the questions that follow.

Answer these questions on a separate sheet of paper as necessary.

1. What is the active ingredient in the medication?

2. What is the maximum dose in milligrams of the ingredient someone your age can take in 24 hours?

3. What are some activities that should be avoided while taking this medicine? Explain why.

4. Which substances should not be taken with the medication?

5. Research the effect of substances listed on the label that should not be used with this medication. Apply what you have learned in the student article to explain why these substances should not be combined. Include evidence from the label, the article, and any additional research to support your answer.