

Read the Label!

Directions: Read the label from an allergy and cold medication below and then answer the questions that follow.

Drug Facts	
Active Ingredient (in each tablet) Chlorpheniramine maleate 2 mg.....	Purpose Antihistamine
Uses temporarily relieves symptoms due to hay fever or other upper respiratory allergies: ■ sneezing ■ runny nose ■ itchy, watery eyes ■ itchy throat	
Warnings Ask a doctor before use If you have ■ glaucoma ■ a breathing problem such as emphysema or chronic bronchitis ■ trouble urinating due to an enlarged prostate gland Ask a doctor or pharmacist before use If you are taking tranquilizers or sedatives When using this product ■ you may get drowsy ■ avoid alcoholic drinks ■ alcohol, sedatives, and tranquilizers may increase drowsiness ■ be careful when driving a motor vehicle or operating machinery ■ excitability may occur, especially in children If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
Directions	
adults and children 12 years and over	take 2 tablets every 4 to 6 hours; not more than 12 tablets in 24 hours
children 6 years to under 12 years	take 1 tablet every 4 to 6 hours; not more than 6 tablets in 24 hours
children under 6 years	ask a doctor
Other information store at 20-25° C (68-77° F) ■ protect from excessive moisture	
Inactive ingredients D&C yellow no. 10, lactose, magnesium stearate, microcrystalline cellulose, pregelatinized starch	

Answer these questions on a separate sheet of paper as necessary.

1. What is the active ingredient in the medication?
2. What is the maximum dose in milligrams of the ingredient someone your age can take in 24 hours?
3. What are some activities that should be avoided while taking this medicine? Explain why.
4. Which substances should not be taken with the medication?
5. Research the effect of substances listed on the label that should not be used with this medication. Apply what you have learned in the student article to explain why these substances should not be combined. Include evidence from the label, the article, and any additional research to support your answer.

For more information, visit scholastic.com/headsup.