

**acetaminophen** (*noun*): a substance used in medications to relieve pain and reduce fever

**active** (*adjective*): producing or involving action or movement

**addiction** (*noun*): a brain disorder or illness associated with compulsive (uncontrollable) behavior, such as drug use, despite negative consequences

**adolescent** (*adjective*): related to the time when a young person is becoming an adult

**alertness** (*noun*): the state of being aware and ready to act

**allergy** (*noun*): a condition in which a person's body is very sensitive to certain substances, resulting in rashes, breathing difficulties, and other problems

**alprazolam** (*noun*): a type of sedative drug used to increase calmness

**amplify** (*verb*): to increase the strength or amount of

**antihistamine** (*noun*): a substance used to reduce allergy reactions in the body as well as some cold symptoms

**attention-deficit/hyperactivity disorder (ADHD)** (*noun*); also called **attention deficit disorder**: a disorder that makes it difficult to pay attention and control impulsive behaviors. It may also involve restlessness and near-constant activity.

**blood pressure** (*noun*): the force caused by the blood pressing against the blood vessels that carry blood through the body (such as/especially arteries); high blood pressure is connected to a higher risk for heart disease

**bronchitis** (*noun*): a condition that occurs when the tubes that carry air to the lungs become inflamed (red and swollen), causing coughing

**caffeine** (*noun*): a substance found in coffee, tea, and chocolate that tastes bitter and is a stimulant

**chemical** (*noun*): a substance, such as an element or a mix of elements (compound), that is made by a chemical process

**chlorpheniramine maleate** (*noun*): an antihistamine

**citrus** (*noun*): a type of tree or shrub that has pulpy fruit covered in a thick rind

**cocaine** (*noun*): an addictive illegal drug that produces a temporary increase in alertness and feelings of pleasure

**coordination** (*noun*): the functioning of different muscles together to perform complex movements

**D&C yellow no. 10** (*noun*): a substance used to color foods and drugs

**decongestant** (*noun*): a substance found in medications that relieves congestion (clogged sinuses)

**depression** (*noun*): a medical condition in which a person experiences symptoms such as extreme sadness, difficulty concentrating, and a lack of energy

**developing** (*adjective*): growing or becoming more advanced

**diazepam** (*noun*): a type of sedative drug used to increase calmness

**disorder** (*noun*): a physical or mental illness

**dose** (*noun*): the quantity of an active ingredient that should be taken at one time

**emphysema** (*noun*): a condition that damages the lungs and causes shortness of breath and may cause heart problems

**evidence** (*noun*): something that gives proof or a reason to believe something

**exceed** (*verb*): to go over a set limit

**expected** (*adjective*): thought to be likely or certain to occur

**glaucoma** (*noun*): a disease that affects the eye and can cause vision loss over time

**heart rate** (*noun*): the number of times the heart beats in one minute

**heightened** (*adjective*): greater in amount or degree

**herbal supplement** (*noun*): a substance made from herb plants or parts of the plant that is meant to be used as an addition to a person’s diet and often claiming to have possible health benefits

**hydrocodone** (*noun*): an opioid drug used to treat severe pain

**illicit** (*adjective*): against the law

**impaired** (*adjective*): weakened or damaged in function or ability

**ingest** (*verb*): to take into the body, normally through the mouth

**ingredient** (*noun*): something that is part of a combination or mixture

**intentionally** (*adverb*): on purpose or with awareness of what one is doing

**interact** (*verb*): to act upon one another

**interaction** (*noun*): the action or effect of two or more things on each other

**lactose** (*noun*): a type of sugar found in milk products

**liver** (*noun*): a large organ in the body that cleanses the blood

**magnesium stearate** (*noun*): a fine white powder added to drug capsules to prevent ingredients from sticking to one another, ensuring better absorption by the body

**magnify** (*verb*): to increase or intensify

**marijuana** (*noun*): dried leaves and flowers of the plant, which can be used as a drug

**medication** (*noun*): a chemical or substance that is used to treat a disease or medical condition

**methamphetamine** (*noun*): a substance found in some prescription medications that is a stimulant and is sometimes misused illegally

**microcrystalline cellulose** (*noun*): a substance produced from wood pulp that is added to some drug and vitamin tablets

**mindful** (*adjective*): aware

**misuse** (*verb*): to use something in a way that is unintended or harmful, such as misuse of a prescription drug

**opioid** (*noun*): one of a group of drugs that produce relaxation, pleasure, and pain relief. Opioids can be addictive and potentially deadly due to overdoses.

**overdose** (*noun, verb*): a lethal or toxic amount of a drug; to take a lethal or toxic amount of a drug

**over-the-counter (OTC) drug** (*noun*): a medication that can be purchased without a doctor’s prescription

**oxycodone** (*noun*): an opioid drug used to treat severe pain

**OxyContin®** (*noun*): a brand-name version of the drug oxycodone, which is an opioid drug used to treat severe pain

**particularly** (*adverb*): to an unusual degree

**pharmacist** (*noun*): a trained health-care professional legally allowed to dispense prescription drugs, monitor drug interactions, and advise patients on the proper use of medications

**pose** (*verb*): to present

**potentially** (*adverb*): possibly, but not yet actual

**pregelatinized starch** (*noun*): a substance usually produced from corn or potatoes that is added to many drug or vitamin tablets to help them dissolve easily

**prescription drug** (*noun*): a medication that must be ordered by a doctor before it can be dispensed

**prostate gland** (*noun*): a small organ located at the base of the bladder in males

**recommended** (*adjective*): to be suggested

**relieve** (*verb*): to ease or reduce discomfort

**Ritalin®** (*noun*): a brand-name version of a stimulant drug used to treat ADHD

**risk** (*noun*): the possibility of loss or injury; danger

**sedative** (*noun*): a chemical such as a drug that makes a person feel calm or reduces anxiety or nervousness

**seizure** (*noun*): a sudden attack caused by abnormal activity in the brain that causes convulsions or loss of consciousness

**sinus** (*noun*): an open space in the skull that connects with the nose openings

**stimulant** (*noun*): a drug that causes a temporary increase in activity in parts of the brain and/or body and makes a person more active or energetic

**substance** (*noun*): a material with a specific chemical makeup

**tranquilizer** (*noun*): a powerful drug used to calm nerves and reduce severe anxiety

**treat** (*verb*): to care for or deal with medically

**Tylenol®** (*noun*): a brand-name version of an over-the-counter pain reliever that contains acetaminophen as its active ingredient

**usage** (*noun*): the amount or way of using something

**Valium®** (*noun*): a brand-name version of the drug diazepam, which is a type of sedative used to increase calmness

**Vicodin®** (*noun*): a brand name for a combination of the drug hydrocodone, which is an opioid drug used to treat severe pain, and non-opioid pain reliever acetaminophen

**vitamin** (*noun*): a natural substance that is needed in small amounts in the body but does not provide energy; vitamins are found in some food and are sometimes produced inside the body

**Xanax®** (*noun*): a brand-name version of the drug alprazolam, which is a type of sedative used to increase calmness